

the BullWheel

BREAKFAST until 10.30AM

THE BULLWHEEL BREAKFAST 18

3 pieces of bacon, toast, smash browns & 2 eggs - poached, scrambled or fried *gf+*

SMASHED AVO 22

seasoned smashed avocado, toasted bread with cherry tomatoes, feta, arugula & smash browns *v gf+*
add egg 2

MUSHROOM OMELETTE 20

cultivated mushrooms, 3 eggs, crumbled feta *v gf*

BACON & CHEESE OMELETTE 20

crispy bacon, 3 eggs, 3 cheese blend *gf*

BREAKFAST POUTINE 20

smash browns, Montreal cheese curds, poached egg, house-made hollandaise, spring onion *v gf*

MILK & "MAPLE" 17

toasted grains & oats, fruit compôte, Greek yogurt, fresh fruit, infused maple syrup, served with a warm croissant *v*

BREAKFAST SANDWICH 12

English muffin with bacon, egg, cheddar, arugula, tomato & mayo *gf+*

VEGAN BREAKFAST SANDWICH 12

English muffin with tempeh, vegan cheese, tomato, arugula & vegan mayo *vg gf+*

ADD TO ANY BREAKFAST:

smash browns 4 | egg - fried or poached 2
bacon 6 | smashed avocado 6
house-made hollandaise 5



We serve the very best: the Certified Angus Beef® brand.

ALL DAY from 11AM

BULLWHEEL FAVOURITES

FISH TACOS 18

flour tortillas, crispy fried basa, avocado, pickled cabbage, avocado jalapeño mayo, pico de gallo, cilantro *gf*
add a taco 8 | sub pickled tofu *v*

BULLWHEEL POUTINE 20

fries, Montreal cheese curds, poutine gravy *v gf vg+*
add pulled chicken 7 | add bacon 6

CHICKEN DRUMSTICKS 19

coated in house seasoning, ranch *gf df*
add Fourth Ace hot sauce 3

GLAZED DUCK WINGS 19

sticky & sweet orange 5-spice sauce, sesame seeds *gf df*

EAST COAST CHOWDER 17

creamy, tarragon, thyme, clams, mussels *gf*
add garlic toast 2

CAULIFLOWER BITES 19

coated in house seasoning, ranch *vg df*
add Fourth Ace hot sauce 3

CHICKEN LETTUCE CUPS 23

sweet & spicy hoisin, crispy noodle, bean sprouts, green onion, chili, spicy pecan, sweetie drops, sriracha yogurt *gf df*
sub tofu *vg*

TUNA STACK 23

Ocean Wise ahi, sesame-lime kewpie, avocado, wakame, corn tostadas, crispy onion *gf df*

OPEN LAMB SOUVLAKI 22

roasted lamb souvlaki, Greek salad, garlic tzatziki, hummus, pita

CORN CHIPS & HUMMUS 11

with hummus *vg gf*

with spicy tomato guacamole *vg gf* 15

LITTLE BULLS

12 yrs & under, includes pop

SPAGHETTI 12

tomato & cheese *v* OR meatballs *gf+*

CHEESEBURGER & FRIES* *gf+* 14

STEAK & FRIES* *gf df* 14

GRILLED CHEESE & FRIES *v gf+* 12

CHICKEN SCHNITZEL & FRIES *gf* 14

Available until 11AM

ALL DAY

BURGERS & SANDOS

served with fries or house salad, or upgrade to yam fries, poutine or caesar salad from 4

BULLWHEEL BURGER 24

6oz beef patty, lettuce, tomato, red onion, cheddar, signature sauce, bacon jam, pickle *gf+*

CAJUN CHICKEN BURGER 27

chicken breast, cheddar, bacon, lettuce, onion, guacamole, tomato & chipotle mayo *gf+*
sub soy chicken

VEGETABLE BURGER 24

signature sauce, lettuce, tomato, red onion, pickle *vg gf+*
add cheese 2 | add vegan cheese 2

GRILLED CHEESE 19

blend of cheddar, brie, monterey jack, mozzarella *v gf+*

VEGAN OR REGULAR BLT 20

tempeh or bacon, lettuce, tomato, vegan mayo *vg gf+*

STEAK SANDWICH 24

skirt steak, ciabatta bun, lettuce, tomato, onion, chimichurri & garlic mayo *gf+*

THE ORIGINAL PARM 21

house breaded chicken breast, marinara sauce, 3-cheese blend, mayo *gf+*
sub vegan chicken & cheese *vg* 2

FEATURE WRAP 22

please ask your server

SIDES & ADD-ONS

YAM FRIES 12

with chipotle mayo *v gf*

BOWL OF FRIES *vg gf* 9

ADD TO ANY LUNCH MEAL:

gravy 4 | fried egg 2 | bacon 6
grilled chicken breast 12 | pulled chicken 7
sauté mushrooms 6 | smashed avocado 6
pickled tofu 5 | cheese 2 | blue cheese 3
garlic toast 2

SALADS

CAESAR SALAD 20

romaine, shaved parmesan, croutons, crispy capers, classic dressing *gf*
add grilled chicken breast 12

TUNA POKE BOWL 27

marinated Ocean Wise ahi, rice, edamame, pickled ginger, avocado, pickled onion, shaved radish, togarashi, cucumber *gf df*

SUPER FOOD BOWL 25

rice, hummus, crispy chickpeas, toasted seeds, hemp seed, pickled beets, cherry tomato, smashed avocado, honey mustard dressing, boiled egg, charred broccoli *vg df gf*

BEET SALAD 20

marinated beets, crumbled blue cheese, pickled onion, roasted red pepper, hemp seeds, kale *gf vg+*

BUTTERNUT SQUASH SALAD 19

roasted cumin, paprika, crispy kale, shaved radish, toasted seeds, sweetie drops, pickled onion *vg df gf*

BOWLS

TRADITIONAL SPAGHETTI 19

marinara sauce, parmesan *gf+*
add meatballs 7

MUSHROOM RAVIOLI 26

truffle, cultivated mushrooms, parmesan, toasted sage sunflower seed *v*

BUTTER CHICKEN 27

traditional spiced, tomato & coconut curry, steamed rice, poppadum, cilantro *gf*
sub tofu *vg* 2

CHICKEN NOODLE SOUP 15

house-made broth, shredded chicken, French seasoning, noodles *gf*
add garlic toast 2

BULLWHEEL STYLE RAMEN 23

aromatic Japanese style soup, ramen noodle, fried pork belly, mushroom, boiled egg, kimchi, nori & radish *gf df*