

# the BullWheel

## BREAKFAST until 10.30AM

### THE BULLWHEEL BREAKFAST 18

3 pieces of bacon, toast, loaded smash browns & 2 eggs - poached, scrambled or fried *gf+*

### SMASHED AVO 22

seasoned smashed avocado, toasted bread with cherry tomatoes, feta, arugula & loaded smash browns *v gf+*  
add egg 2

### MUSHROOM OMELETTE 18

cultivated mushrooms, 3 eggs, crumbled feta *v gf*

### BACON & CHEESE OMELETTE 18

crispy bacon, 3 eggs, 3 cheese blend *gf*

### BREAKFAST POUTINE 16

smash browns, Montreal cheese curds, poached egg, house-made hollandaise, spring onion *v gf*

### MILK & "MAPLE" 16

toasted grains & oats, fruit compôte, Greek yogurt, fresh fruit, infused maple syrup, served with a warm croissant *v*

### BREAKFAST SANDWICH 11

English muffin with bacon, egg, cheddar, arugula, tomato & mayo *gf+*

### VEGAN BREAKFAST SANDWICH 11

English muffin with tempeh, vegan cheese, tomato, arugula & vegan mayo *vg gf+*

### ADD TO ANY BREAKFAST:

loaded smash browns 4 | bacon 6  
egg - fried or poached 2 smashed avocado 6  
house-made hollandaise 5



We serve the very best: the Certified Angus Beef @ brand.

## LUNCH from 11AM

### BULLWHEEL FAVOURITES

#### FISH TACOS 16

flour tortillas, crispy fried basa, avocado, pickled cabbage, avocado jalapeño mayo, pico de gallo, cilantro *gf*  
add a taco 7 | sub pickled tofu *v*

#### BULLWHEEL POUTINE 18

fries, Montreal cheese curds, poutine gravy *v gf vg+*  
add pulled chicken 7 | add bacon 6

#### CHICKEN DRUMSTICKS 19

coated in house seasoning, classic ranch *gf df*  
add Fourth Ace hot sauce 3

#### GLAZED DUCK WINGS 19

sticky & sweet orange 5-spice sauce, sesame seeds *gf df*

#### EAST COAST CHOWDER 16

creamy, tarragon, thyme, clams, mussels *gf*  
add garlic toast 2

#### CAULIFLOWER BITES 19

coated in house seasoning, classic ranch *vg df*  
add Fourth Ace hot sauce 3

#### CHICKEN LETTUCE CUPS 23

sweet & spicy hoisin, crispy noodle, bean sprouts, green onion, chili, spicy pecan, sweetie drops, sriracha yogurt *gf df*  
sub tofu *vg*

#### TUNA STACK 23

Ocean Wise ahi, sesame-lime kewpie, avocado, wakame, corn tostadas, crispy panko *gf df*

#### OPEN LAMB SOUVLAKI 21

roasted lamb souvlaki, Greek tabbouleh salad, garlic tzatziki, hummus, pita

#### CORN CHIPS & HUMMUS *vg gf* 11

#### CORN CHIPS & SPICY TOMATO GUAC 15

*vg gf*

## LITTLE BULLS

12 yrs & under, includes pop

#### SPAGHETTI 12

tomato & cheese *v* OR meatballs *gf+*

#### CHEESEBURGER & FRIES\* *gf+* 12

#### STEAK & FRIES\* *gf* 12

#### GRILLED CHEESE & FRIES\* *v gf+* 12

#### CHICKEN SCHNITZEL & FRIES\* *gf* 12

Available until 11AM

# LUNCH

## BURGERS & SANDO'S

served with fries or house salad, or upgrade to yam fries, poutine or caesar salad from 4

### BULLWHEEL BURGER 24

6oz beef patty, lettuce, tomato, red onion, cheddar, signature sauce, bacon jam, pickle *gf+*

### CHICKEN BURGER 19

pulled chicken, chipotle mayo, coleslaw, arugula *df gf+*

### VEGETABLE BURGER 24

signature sauce, lettuce, tomato, red onion, pickle *vg gf+*  
add cheese 2 | add vegan cheese 2

### GRILLED CHEESE 19

blend of cheddar, brie, monterey jack, mozzarella *v gf+*

### VEGAN OR REGULAR BLT 20

tempeh or bacon, lettuce, tomato, vegan mayo *vg gf+*

### OPEN STEAK SANDWICH 22

grilled striploin, garlic toast, crispy shallot, side of coleslaw *gf+*

### THE ORIGINAL PARM 21

house breaded chicken breast, marinara sauce, 3-cheese blend, mayo *gf+*  
sub vegan chicken & cheese *vg* 2

### FEATURE WRAP 21

please ask your server

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## SIDES & ADD-ONS

### YAM FRIES 12

with chipotle mayo *v gf*

### BOWL OF FRIES *vg gf* 9

### ADD TO ANY LUNCH MEAL:

gravy 3 | fried egg 2 | bacon 6  
grilled chicken breast 12 | pulled chicken 7  
smashed avocado 6 | pickled tofu 5  
cheese 2 | garlic toast 2

## SALADS

### CAESAR SALAD 20

romaine, shaved parmesan, croutons, crispy capers, classic dressing *gf*  
add grilled chicken breast 12

### TUNA POKE BOWL 26

marinated Ocean Wise ahi, rice, pickled ginger, avocado, edamame, pickled red onion, shaved radish, togarashi, cucumber *gf df*

### SUPER FOOD BOWL 24

rice, hummus, toasted seeds, crispy chickpeas, pickled beets, cherry tomato, smashed avocado, honey mustard dressing, boiled egg, hemp seed, charred broccoli *vg df gf*

### GREEK TABBOULEH SALAD 21

tomato, red onion, Israeli cous cous, olives, cucumber, feta, arugula & lemon, olive oil *v*

### BUTTERNUT SQUASH SALAD 19

roasted cumin, paprika, crispy kale, shaved radish, toasted seeds, sweetie drops, pickled onion *vg df gf*

## BOWLS

### TRADITIONAL SPAGHETTI 19

marinara sauce, parmesan *gf+*  
add meatballs 7

### MUSHROOM RAVIOLI 25

truffle, cultivated mushrooms, parmesan, toasted sage sunflower seed *v*

### BUTTER CHICKEN 26

Indian spiced, tomato & coconut sauce, cilantro, poppadom, rice *gf*  
sub tofu *vg* 2

### CHICKEN NOODLE SOUP 15

house-made stock, shredded chicken, French seasoning, noodles *gf*  
add garlic toast 2

### BULLWHEEL STYLE RAMEN 23

aromatic Japanese style soup, ramen noodle, fried pork belly, mushroom, boiled egg, kimchi, nori & radish *gf df*

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*v* vegetarian option available | *vg* vegan option available | *gf* gluten free option available | *df* dairy free option available

+ indicates that a surcharge may apply

food subject to GST 5%. alcohol subject to GST 5% PST 10%