

the BullWheel

BREAKFAST until 10.30AM

THE BULLWHEEL BREAKFAST 18

3 pieces of bacon, toast, loaded smash browns & 2 eggs - poached, scrambled or fried *gf+*

SMASHED AVO 19

seasoned smashed avocado, toasted bread with blistered cherry tomatoes, feta, crispy chickpeas, hemp hearts, arugula & loaded smash browns *v gf+*
add egg 2

MUSHROOM OMELETTE 18

cultivated mushrooms, 3 eggs, crumbled feta *v gf*

BREAKFAST POUTINE 16

smash browns, Montreal cheese curds, poached egg, house-made hollandaise, spring onion *v gf*

MILK & "MAPLE" 16

toasted grains & oats, fruit compôte, Greek yogurt, fresh fruit, infused maple syrup, served with a warm croissant *v*

BREAKFAST SANDWICH 11

English muffin with bacon, egg, cheddar, arugula, tomato & mayo *gf+*

VEGAN BREAKFAST SANDWICH 11

English muffin with tempeh, vegan cheese, tomato, arugula & vegan mayo *vg gf+*

ADD TO ANY BREAKFAST:

loaded smash browns 4 | bacon 6
egg - fried or poached 2 smashed avocado 6
house-made hollandaise 5

LUNCH

from 11AM

BULLWHEEL FAVOURITES

FISH TACOS 16

flour tortillas, crispy fried BC fish, avocado, pickled cabbage, miso mayo, pico de gallo, cilantro *gf*

add a taco 7 | sub pickled tofu *v*

BULLWHEEL POUTINE 18

fries, Montreal cheese curds, poutine gravy *v gf vg+*
add pulled chicken 7 | add bacon 6

CHICKEN DRUMSTICKS 16

coated in house seasoning, classic ranch *gf df*
add Fourth Ace hot sauce 3

GLAZED DUCK WINGS 17

sticky & sweet orange 5-spice sauce, sesame seeds *gf df*

EAST COAST CHOWDER 16

creamy, tarragon, thyme, clams, mussels *gf*
add garlic toast 2

CAULIFLOWER BITES 16

coated in house seasoning, classic ranch *vg df*
add Fourth Ace hot sauce 3

CHICKEN LETTUCE CUPS 23

sweet & spicy hoisin, crispy noodle, bean sprouts, green onion, chili, spicy pecan, sweetie drops, sriracha yogurt *gf df*

sub tofu *vg*

TUNA STACK 23

Ocean Wise ahi, sesame-lime kewpie, avocado, wakame, fried wonton, crispy panko, lettuce cups *gf df*

PORK BELLY QUESADILLA 17

braised belly, 3-cheese blend, feta, pico de gallo, sour cream, cilantro

CORN CHIPS & HUMMUS *vg gf* 13

LITTLE BULLS

kids 12 yrs & under. Includes pop 12

SPAGHETTI

tomato & cheese *v* OR meatballs *gf+*

CHEESEBURGER & FRIES* *gf+*

STEAK & FRIES* *gf*

GRILLED CHEESE & FRIES* *v gf+*

CHICKEN SCHNITZEL & FRIES* *gf*

Available until 11AM

LUNCH

BURGERS & SANDO'S

served with fries or house salad, or upgrade to yam fries, poutine or caesar salad from 3

BULLWHEEL BURGER 21

Canadian beef patty, lettuce, tomato, red onion, cheddar, signature sauce, bacon jam, pickle *gf+*

CHICKEN BURGER 18

pulled chicken, chipotle mayo, coleslaw, arugula *df gf+*

IMPOSSIBLE BURGER 21

signature sauce, lettuce, tomato, red onion, pickle *vg gf+*
add cheese 2 | add vegan cheese 2

GRILLED CHEESE 18

blend of cheddar, brie, monetary jack, mozzarella *v gf+*

VEGAN OR REGULAR BLT 19

tempeh or bacon, lettuce, tomato, vegan mayo *vg gf+*

OPEN STEAK SANDWICH 20

grilled striploin, garlic toast, crispy shallot, side of coleslaw *gf+*

THE ORIGINAL PARM 17

house breaded chicken breast, marinara sauce, 3-cheese blend, mayo *gf+*
sub vegan chicken & cheese *vg* 2

FEATURE WRAP 20

please ask your server

SIDES & ADD-ONS

YAM FRIES 9

with chipotle mayo *v gf*

BOWL OF FRIES *vg gf* 8

ADD TO ANY LUNCH MEAL:

gravy 3 | fried egg 2 | bacon 6
smashed avocado 6 | pulled chicken 7
pickled tofu 5 | cheese 2 | garlic toast 2

SALADS

CAESAR SALAD 19

romaine, shaved parmesan, croutons, crispy capers, classic dressing *gf*

TUNA POKE BOWL 25

marinated Ocean Wise ahi, jasmine rice, pickled ginger, avocado, edamame, pickled red onion, shaved radish, togarashi, cucumber *gf df*

SUPER FOOD BOWL 20

jasmine rice, hummus, toasted seeds, crispy chickpeas, pickled beets, cherry tomato, smashed avocado, honey mustard dressing, boiled egg, hemp seed, charred broccoli *vg df gf*

SPINACH & KALE SALAD 18

roasted vegetables, feta, balsamic, charred red peppers *v gf*

BUTTERNUT SQUASH SALAD 21

roasted cumin, paprika, crispy kale, shaved radish, toasted seeds, sweetie drops, pickled onion *vg gf*

BOWLS

ASIAN STYLE PHỞ 19

aromatic style soup, glass noodles, green vegetables, bean sprout, basil, cilantro, jalapeño *gf*
choice of chicken, pork belly or tofu

BUTTER CHICKEN 26

Indian spiced, tomato & coconut sauce, cilantro, poppadom, jasmine rice *gf*
sub tofu *vg* 2

CHICKEN NOODLE SOUP 14

house-made stock, shredded chicken, French seasoning, noodles *gf*
add garlic toast 2

STEW OF THE DAY 16

ask your server

MUSHROOM RAVIOLI 25

truffle, cultivated mushrooms, parmesan, toasted sage sunflower seed *v*

v vegetarian option available | *vg* vegan option available | *gf* gluten free option available | *df* dairy free option available

+ indicates that a surcharge may apply

food subject to GST 5%. alcohol subject to GST 5% PST 10%