# THE BULLWHEEL BREAKFAST

DAILY FROM **7.30 AM - 10.30 AM** 

KIDS MENU DAILY FROM 11 AM

# Available until 11 AM

#### Alpine Granola

**12.99** 

Toasted grains & oats, served with Greek yogurt & fresh fruit

#### **Breakfast Sandwich**

9.99

Served on English muffin with bacon, egg, Cheddar, arugula, tomato & mayo

Add loaded smash browns

**(f)** 3.99

#### The BullWheel Breakfast

**15.99** 

Three pieces of bacon, toast, loaded smash browns, sour cream & two eggs - poached, scrambled or fried

#### Smoothie Bowl



**(1) (1) (1) (1) (1) (1)** 

Banana, mango, pineapple, orange juice & your choice of milk - cow, almond, soy or oat. Finished with blueberries, candy citrus nut & seed crumb

#### Smashed Avo





**(1) (1) (1) (14.99)** 

Seasoned smashed avocado served on artisan bread with blistered cherry tomatoes, feta, crispy chick peas, hemp hearts, arugula & loaded smash browns

#### Maple Bacon Donut

15.99

Cinnamon glazed donut, crispy maple bacon & deep fried banana

#### Add to any breakfast:

Loaded Smash Browns 3.99 / Bacon 3.99 Egg (fried or poached) 1.99 / Fruit Cup 3.99 Smashed Avocado 4.99

## LITTLE BULLS

Available for kids 12 years & under. Each kids meal includes pop

11.99

TOMATO & CHEESE SPAGHETTI

SPAGHETTI & MEATBALLS

(H)

CHEESEBURGER WITH FRIES

STEAK WITH FRIES

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**GRILLED CHEESE WITH FRIES** 

CHICKEN PARM WITH FRIES

(HD)

- Signature creation
- Gluten free option available
- Gluten free option available add 2.00
- Vegetarian option available
- Vegan option available
- Vegan option available add 2.00 (FP)





DELIVERY, TAKE-AWAY OR DINE-IN **OPEN DAILY FROM 4PM** 

Located across the road from Snowshoe Sam's UNDERGROUNDPIZZA.CA 250 491 3575

## LUNCH MENU DAILY FROM 11 AM

## BULLWHEEL FAVOURITES

#### **Chicken Drumsticks**

**14.99** 

Romaine Lettuce Cups (1) (1) 18.99 Asian sweet & spicy, tofu or chicken, spiced pecans, yogurt, crispy noodles, bean shoots, cilantro & Sriracha hoisin dipping sauce

### dipping sauce **Duck Wings**

**16.99** 

Tamarind five spice "The famous glaze". Don't be a chicken - order them!

Not your average wings. More meat &

more flavour, coated with salt & pepper.

A hit all round. Served with house ranch

#### **Turkey Wing**

**13.99** 

Clearly the biggest wings on the mountain. Served with Louisiana hot sauce & blue cheese crumble

Real cheese curds & 📵 gravy

Add pulled chicken or bacon 3.99

#### Tuna Stack

**18.99** 

Layered tuna, smashed avocado & seaweed served with crispy wonton chips & romaine lettuce cups

#### Fish Tacos

**14.99** 

Two crispy portions of Northern BC fish, 🜒 slaw, avocado, cilantro, miso mayo, pickled red onion & pico de gallo

#### East Coast Chowder

**14.99** 

A creamy East Coast style chowder finished with clams & mussels. A favourite for the last ten years

Add garlic toast

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#### Pork Belly Quesadilla

14.99

Overnight braised pork belly, queso fresco, melted cheese & pico de gallo

**BURGERS & SANDWICHES** served with fries or house salad, or upgrade to yam fries or one of our other salads for \$2.50

#### **BullWheel Burger**

**17.99** 

Hand pressed ground steak patty topped with bacon jam, crispy onions, tomato, lettuce, cheddar & 🔳 signature sauce

#### Pulled Chicken Burger

**15.99** 

Pulled rotisserie chicken, 🚻 slaw, arugula & a chipotle lime aioli

#### Meatball Sub

14.99

Meatballs smothered in (11) marinara sauce, topped with melted cheese on a sub bun

#### Steak Sandwich

**18.99** 

Certified Angus beef, served medium on a slice of garlic toast, 🚯 slaw & crispy onions, a Canadian lunch classic

#### The Parm

Classic chicken parm, topped with cheese & marinara

#### **Grilled Cheese**

**14.99** 

**13.99** 

Served on Texas toast, (RW) blend of cheese. Simple & delicious

#### Vegan Club

**17.99** 

Tomato, carrot bacon, pickle, winter greens, pickled tofu, roasted yam, vegan cheese & mayo

#### Vegetarian Burger 🕕 🕕 🕕 17.99

A healthy veggie patty with all the traditional toppings including lettuce, tomato & crispy onions

Add cheese

1.00

#### Wrap of the Day

17.99

Served on a spinach tortilla, lightly toasted. Limited quantities made daily

## SALADS

#### Caesar

**(1)** (10.99)

BullWheel's take on the classic, with crispy capers, croutons & shaved Parmesan

#### Roast Vegetable

**16.99** 

Winter vegetables mixed with leafy greens, charred red peppers, feta & a bal samic reduction

#### Thai Cucumber Salad (1) (1) 16.99

Tomato, basil, mint, peanuts, pickled red onion, cilantro & a spicy house dressing

#### Buddha's Winter Bowl 10 18.99

Includes roasted veg, winter greens, spiced beets, crispy chick peas, smashed avo, cherry tomatoes, edamame, medium boiled egg, cucumber, candy pumpkin seeds, sweety drops, warm quinoa & a house satay dressing

## ROWIS

from pasta to sauce, every batch made from scratch

#### Chicken Noodle Soup 10.99

"The original" homemade chicken

noodle soup, made from our stock of

rotisserie chicken. Hot. fast & healthy

House made Vietnamese phở broth,

#### Stew of the Day

Add garlic toast

13.99

Quiz your server Add garlic toast

1.00

1.00

#### BullWheel Phở

**15.99** 

glass noodles, vegetables & your choice of meat: Pork, beef, chicken or tofu

#### Thai Green Curry

**16.99** 

Served on a bed of jasmine rice with your choice of chicken or tofu

#### Add to any dish:

Fried Egg 1.99 Smashed Avocado 4.99 Pulled Chicken 4.99 Pickled Tofu 4.99 Fresh Tuna 7.99 Cheese 1.00 Garlic Toast 1.00